

HIGH SCHOOL WEEKLY MENU

ALL STUDENTS FAT FREE!

Weekly Lunch specials...

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

PENNE ALFREDO PASTA W/GARLIC KNOT

CRUNCHY TURKEY TACOS W/FRESH SALSA

KENTUCKY -STYLE CHICKEN

TATER TOT **NACHOS** W/ FRESH SALSA

TURKEY &GRAVY W/MASHED POTATOES & ROLL

Apples Slices

Dried Apple Crisps Baby Carrots

Seasonal Fruit Corn Side Salad

Tater Tots Side Salad

Feta Bean Salad **Baby Carrots**



GARDEN SALAD W/ CHICKEN

Served with string cheese ,garlic knot, and ranch dressing, "Salad w/out chicken can be requested any day of the

YOGURT PARFAIT

Vanilla yogurt with fruit and granola

VEGGIE SUB

Fresh cucumbers and tomatoes served on a hoagie roll w/ American cheese and a balsamic dressing.

DELI SANDWICH

Turkey and American cheese served on a hoagie roll

MEALS INCLUDE:

BREAKFAST: FRUIT AND CHOICE OF MILK LUNCH: FRUIT, VEGETABLE, AND CHOICE OF MILK

*MENU SUBJECT TO CHANGE WITHOUT NOTICE

--BREAKFAST--



HORCHATA OVERNIGHT OATS W/ **BERRIES & GRANOLA TUFSDAY**

MAPLE GLAZED DONUT

WEDNESDAY

CONCHA THURSDAY

BLUEBERRY CINNAMON CRUMBLE FRIDAY

SUNRISE SANDWICH* ASSORTED CEREAL W/STRING CHEESE WARM BAGEL SERVED W/ CREAM CHEESE YOGURT W/GRANOLA & STRAWBERRIES

LUNCH ITEMS AVAILABLE DATIY

MIGUEL'S BURRITOS*

Includes: bean and cheese or bean, rice, and cheese

VEGAN BEAN & RICE BURRITO

PAPA JOHN'S PIZZA*

Cheese or Pepperoni*

CHEESEBURGER

Served on a whole grain bun with American cheese and includes tomato/lettuce side

SPICY CHICKEN SANDWICH

Served on a whole grain bun

TERIYAKI CHICKEN BOWL W/ STEAMED BROCCOLI

Served w/brown rice

*DENOTES AN ITEM CONTAINING PORK